## Whitewater Canoe Trip & Course

for Venturers and 3<sup>rd</sup> year Scouts

Saturday, July 9 to Saturday, July 16, 2011 On the Lower Madawaska River



The 403rd Toronto Sea Scouts are hosting an exciting opportunity for Venturers and Scouts to take their canoeing skills to the next level on one of Ontario's best canoeing rivers.

This camp is open to any member of Scouts Canada between the ages of 13 and 17. There are only 12 spaces for participants. Approximately 1/3 of those spaces are already taken, so you should act quickly to secure your spot.

We'll be using lightweight equipment: Whisperlight stoves, backpacking tents, water pumps, canoe packs. Participants will need to pack their gear in a waterproof bag (best to acquire your own, but we will have some to loan) and then will share a canoe pack with a partner. In addition to the whitewater instruction and paddling, there will be instruction and work in group leadership, menu planning, budgeting, shopping, risk management, waterrelated first aid, cooking, boat repair. We'll also have a couple of campfires and at least one Scout's Own. There will be ample opportunities for swimming, including in rapids.





Scout badges covered at least in part include: Paddling, Whitewater, Water Tripping, Advanced Tripping, Exploring, Pathfinder Outdoor Skills, Cooking.

Venturer badges covered in part: Exploration Award, Outdoors Award, Queen's Venturer. More details on our web page



Before the camp we will meet twice in downtown Toronto to do team building, plan our menu and organize equipment. Those meeting dates are Sunday, May 15 from 2-5pm and Sunday, June 26 from 2-5pm. These dates may be somewhat negotiable depending on the availability of participants, but are an important part of the program.

The first 3 days of the camp itself (July 9 to 11) will be spent focussing on canoeing skills, especially whitewater. The remaining 5 days (July 12-16) will be spent on the downriver trip. **No prior whitewater experience is needed**, **however some canoeing and camping experience is essential.** If you can canoe in a basically straight line and have camped, cooked and cleaned outdoors, that's good enough. Successful participants in the week long trip would be certified in the ORCKA Moving Water 1a and/or Paddle Canada Moving Water Introduction Tandem.



There will likely be some river clean up and site maintenance involved as well, so community service hours will be accumulated.



The trip will be led by experienced Scout leaders and canoe trippers Beth Baskin, Peter Farr and Keith Nunn who collectively have spent more than 500 nights on canoe trips. Together they spent 21 days on the South Nahanni River in the Northwest Territories in 2009.

Keith and Peter are whitewater paddling instructors with ORCKA and Paddle Canada. Keith is certified as a Wilderness First Responder and Peter as an Advanced Wilderness First Aider. Beth has over 25 years of experience as an educator and group facilitator with youth and adults.

The cost of this event will be \$375. We would be happy if you would join us. To sign up, complete the attached form and return with a cheque for \$100 (payable to 403rd Toronto Scouts) to Keith Nunn, 435 Shuter Street, Toronto, ON, M5A 1X4. Before the trip, we will also need a copy of your registration form for this Scouting year.

If you have any questions you can contact Keith at <u>kapn@kapn.net</u>.

## More information at

http://kapn.net/403TO/2011/02/16/white water-canoe-trip-and-course-forventurers-and-3rd-year-scouts/