

# 403rd Toronto – Summer Camp

## 7 Day Personal Equipment Check List for Scouts

Please ensure that not all your clothes are cotton. Cotton is cold if it gets wet. Make sure you have at least some warm clothes made of wool, polyester, acrylic, fleece, microfibre, etc.

Please remember that the clothes you wear to camp are included in this list. Having too much stuff can be a problem too.

### **Clothing**

- hiking boots (optional, but recommended)
- running shoes (or other indoor footwear)
- water shoes (or sandals)
- 2 pair long pants
- 2 pair shorts
- 4-7 pairs of socks
- 7 pairs underwear
- 4 t-shirts
- 2 long sleeve shirts
- sweater/fleece
- jacket
- bug shirt (optional)
- hat or cap (with brim for sun protection)
- rain gear (very important)
- pyjamas
- swimsuit
- dress uniform (what we usually wear)
- camp uniform (Scout t-shirt + scarf)  
*wear your camp uniform to camp*

### **Personal Hygiene**

- toothpaste
- toothbrush
- soap
- deodorant
- comb/brush
- towel
- sunscreen
- insect repellent (**no sprays, only lotions!**)

### **Other**

- bowl, plate, cup, cutlery
- backpack (to hold all of your gear)
- sleeping bag
- sleeping pad or groundsheet
- water bottle (minimum 1L, reusable)
- headlamp or flashlight
- extra batteries for flashlight
- pocket knife
- your emergency kit
- a large backpack that holds all of your belongings!
- a daypack (for carrying water and lunch during the day)
- a bag lunch to eat when we arrive at camp on Saturday

### **Optional**

- sunglasses
- book to read
- compass
- campfire blanket
- camera
- a small amount of money for a souvenir t-shirt or badges, not junk food.

### **Do not bring**

- Electronics of any kind (phones, mp3 players, games, etc.)
- food other than bag lunch for Saturday