

# Sea Scouts Standard Fall Kit list 2021

## Clothing

*Avoid cotton as much as is possible. Wool or synthetics are best for wet cool weather.*

- **Scout uniform** – wear it to and from camp
- **waterproof jacket with hood**
- **waterproof pants**
- **rubber boots** (or other waterproof footwear)
- underwear
- long underwear (top and bottom)
- 2 t-shirts
- 2 pairs of warm socks (wool preferred)
- long pants
- lightweight long-sleeve sweater
- medium-weight sweater or fleece
- shoes
- baseball cap, bucket hat, etc.
- warm hat/toque
- gloves/mitts
- pyjamas

## Personal care

- reusable water bottle

- toothpaste & toothbrush
- camp towel
- sunscreen and lip balm
- hairbrush/comb

## Other

- **backpack** (Not a suitcase! You must be able to carry it yourself.)
- mess kit (dishes, mug & cutlery)
- warm sleeping bag (recommend -7C)
- sleeping pad (or groundsheet)
- headlamp or flashlight
- sturdy notebook and pen (optional)
- pocket knife (optional)
- compass (optional)
- emergency kit (if you have one)
- Sunglasses (optional)
- Camera (optional; no camera phones)

## Do Not Bring

- Phone
- electronic gadgets of any kind

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If there is anything you cannot get in time for camp, or cannot afford, talk to a leader. We may have some extra gear we can lend.

**You need a *waterproof* jacket, pants and footwear.** I cannot stress this enough. We are outside all the time.

**A nylon shell is not waterproof.** Living outside for a weekend in the rain is fine if you have waterproof gear, but it is horrible and can be dangerous if you do not. People who grow up in urban areas seem to have trouble grasping this reality. If it rains, we are still outside. We can advise you on the least expensive options if you wish, but effective raingear is crucial.