



Sea Scouts Standard Fall Kit list 2021

Clothing

Avoid cotton as much as is possible. Wool or synthetics are best for wet cool weather. It is often quite cool at night in autumn and can be cool during the day too, especially if it rains.

- **Scout uniform** – wear it to and from camp
- **waterproof jacket with hood**
- **waterproof pants**
- **waterproof footwear**
- underwear
- long underwear (check the forecast)
- 2 t-shirts
- 2 pairs of warm socks (wool preferred)
- long pants
- lightweight long-sleeve sweater
- medium-weight sweater or fleece
- shoes
- sun hat (sun protection)
- warm hat/toque
- gloves/mitts (just in case)
- pyjamas
- non-marking running shoes for wearing on the boats

Personal care

- reusable water bottle
- toothpaste & toothbrush
- camp towel
- sunscreen and lip balm
- hairbrush/comb

Other

- **backpack** (Not a suitcase! You must be able to carry it yourself.)
- warm sleeping bag (recommend -7C)
- sleeping pad (or groundsheet)
- headlamp or flashlight
- sturdy notebook and pen (optional)
- pocket knife (optional, permit required)
- compass (optional)
- emergency kit (optional)
- Sunglasses (optional)
- Camera (optional; no camera phones)

Do Not Bring

- Phone
- electronic gadgets of any kind
- mess kit (your crew box has dishes)

If there is anything you cannot get in time for camp, or cannot afford, talk to a leader. We may have some extra gear we can lend.

You need a *waterproof* jacket, pants and footwear. I cannot stress this enough. We are outside all the time.

A nylon shell is not waterproof. Living outside for a weekend in the rain is fine if you have waterproof gear, but it is horrible and can be dangerous if you do not. People who grow up in urban areas seem to have trouble grasping this reality. If it rains, we are still outside. **We can advise you on the least expensive options if you wish, but *effective* raingear is crucial.**